Hello fellow kayakers!!

I hope you're as excited as I am about the upcoming kayaking season! As we grow and change each year, so have our seasons. This year our first day will be on Saturday, June 26th, from 2-4pm, at the Camp Spencer (Broad Creek Memorial Scout Reservation) outdoor pool. We'll be able to focus on skills in a contained area, and also work on rescues (pools are usually more fun to swim around in because you can see the bottom)!

After Saturday, June 26th, we'll begin on Sundays starting July 11th and go through August 22nd. Please read the attached schedule, with locations included. Each outing will take place from 2:00 - 4:00pm, unless I need to make a change later in the season.

Times, locations, and days are subject to change depending on the weather and life occurrences.

This activity is for people with AND without developmental disabilities who are 18 years old and older. I will accept people who are 15 to 17, but with parent/guardian consent. Everyone must be able to swim and float with a Life Jacket on, and be able to take instruction.

Please wear:

- Clothes & shoes that can get wet
- Sunblock
- Sunglasses
- Hat or something to cover your head

Please bring:

- Towel
- Change of clothes if you prefer
- Sunblock to reapply
- DRINKING WATER!!
- Paddle, Life jacket (PFD), or kayak if you have your own
- Any items or adaptations that will support you with kayaking better

I'm looking forward to another great season! Please call or email me if you plan on attending, and if you'll need a Paddle, Life jacket (PFD), or kayak.

Thanks!

Chass Seymour

Inclusive Recreation Coordinator - The Arc Northern Chesapeake Region Unified Sports Coordinator - Special Olympics Harford County

443-299-9904

cseymour@arcncr.org

Play for a change!

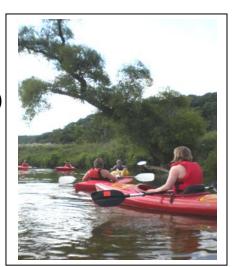
2010 UNIFIED KAYAKING SCHEDULE

JUNE 26th - AUGUST 22nd

- 1. SATURDAY, JUNE 26TH
 - 2:00 4:00pm
 - BROAD CREEK MEMORIAL SCOUT RESERVATION (3799 Peach Orchard Rd. Camp Spencer Outdoor Swimming Pool)
 - Directions: Route 1 North, Left on Route 136, Right onto Peach Orchard Rd, Camp Spencer is on the right

SUNDAY, JULY 4TH ----- NO KAYAKING ----- ENJOY YOUR WEEKEND! =)

- 2. SUNDAY, JULY 11TH
 - 2:00 4:00pm
 - EDEN MILL NATURE CENTER (1617 Eden Mill Rd Deer Creek)
 - o Directions: Off Route 165 in Pylesville, MD
 - Park in the lower lot by the horseshoe courts
- 3. SUNDAY, JULY 18TH
 - 2:00 4:00pm
 - TYDINGS PARK MARINA (The "Flats" in Havre de Grace)
 - Directions: Tydings Park in Havre de Grace; same place we put in last summer (Off Commerce Street)



4. SUNDAY, JULY 25TH

- 2:00 4:00pm
- DUNDEE CREEK (7200 Graces Quarters Road in Middle River)
 - O **Directions:** Take Route 40 into Baltimore County, left onto Ebenezer Road, follow down and pass Hammerman Area on the left, Dundee Creek Marina is a little farther down on the right... (Where we were last summer.)
- 5. SUNDAY, AUGUST 1ST
 - 2:00 4:00pm
 - EDEN MILL NATURE CENTER (Deer Creek, below dam)
- 6. SUNDAY, AUGUST 8TH
 - 2:00 4:00pm
 - MARINER POINT PARK (100 Kearney Dr. in Joppa)
 - Directions: Route 40 to Joppa, Left onto Joppa Farm Rd., Left onto Kearney Dr.
- 7. SUNDAY, AUGUST 15TH
 - 2:00 4:00pm
 - OTTER POINT CREEK (600 Otter Point Road in Abingdon)
- 8. SUNDAY, AUGUST 22ND
 - 2:00 4:00pm
 - Where does the group want to go???

Even if you can only come one week, please contact Chass Seymour to reserve a boat/paddle/PFD.

*If you have it, please bring your own boat/paddle/PFD!!

443-299-9904 (cell) OR

cseymour@arcncr.org (email).

RAIN DATE: Sunday, August 29th

For people WITH and WITHOUT disabilities, at least 18 years old (people under 18 will need parent/guardian consent).